

# JCA

Let the adventure begin...



## SAMPLE ITINERARY

### A week packed with fun!

An example itinerary has been outlined to show how we structure your stay. As a party leader you will be able to choose your activity preferences and an individual programme will be created to suit your needs.

Each of our instructors are trained in all of our land-based activities. You will therefore receive a dedicated instructor per group who will be fully involved in your programme; building fantastic rapport, confidence and team bonding with your students for the duration of your stay. If you are doing water sports or a specialist activity a separate instructor will be provided for this activity.

MONDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Travel to centre		Intro tour		Giant Cluedo
TUESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Buggy building	Orienteering	Body Zorbing	Archery	Egg Protector
WEDNESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Abseiling	Tunnelling	Kayaking / Raft Building		Run Around Quiz
THURSDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Survival Games	Aerial Trek	Fencing	Sensory Trail	Disco
FRIDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Team Challenge / Presentation		Travel back to School		