

JCA

Let the adventure
begin...

SAMPLE ITINERARY

A week packed with fun!

An example itinerary has been outlined to show how we structure your stay. As a party leader you will be able to choose your activity preferences and an individual programme will be created to suit your needs.

Each of our instructors are trained in all of our land-based activities. You will therefore receive a dedicated instructor per group who will be fully involved in your programme; building fantastic rapport, confidence and team bonding with your students for the duration of your stay. If you are doing water sports or a specialist activity a separate instructor will be provided for this activity.

MONDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Travel to centre		Intro tour	Sensory Trail	Conquest
TUESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Zip Wire	Orienteering	Aerial Trek	Wet and Wacky	Campfire
WEDNESDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Abseiling	Laser Maze/ Grid of Stones	Gladiator Wall	Body Zorbing	Run Around Quiz
THURSDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Kayaking		Fencing	Team Challenge	Disco
FRIDAY				
MORNING	MORNING	AFTERNOON	AFTERNOON	EVENING
Archery	Presentation	Travel back to School		